

### Final Reminders:

1. **All minors** (17 years old and under) need to have signed permission forms from their parents or guardians
2. **Everyone** is required to register for this trip, regardless of your mode of transportation.

### SIGHTSEEING IDEAS

**OLD MONTREAL:** Explore the public squares of Place Jacques-Cartier, Place d'Armes & Place Royale. Stroll along the riverbank of Old Port and admire the architecture of Notre-Dame Basilica. Most of the narrow cobblestone streets are for pedestrians only. Best way to visit is to take the Metro and get off at Square Victoria, place-d'armes or Champ-de-Mars. If driving, street parking is scarce and runs \$3 per hour. Parking complexes run \$6/1hr. It is easily accessible from Downtown via the Underground City.

### UNDERGROUND CITY - downtown

It is a massive web of tunnels that connects a major area of downtown office buildings, hotels, museums, banks, condominiums, shopping malls, metro stations and even the Bell Centre. Various access points Vis St. Catherine St. Check online for maps

### MOUNT ROYAL/ ST. JOSEPH'S ORATORY - uptown

Perfect place to walk and sight see. View from top is first class of the city. Lots of different trails It includes the highest spot in the city. A visit to the Mount Royal Park is not complete without a visit to the St. Joseph's Oratory; allegedly Canada's largest church. You can go to Mount-Royal Metro Station and the 11 bus. You can also drive up via Côte-des-Neiges and the Voie Camillien Houde: There are various well-marked parking lots off the road.

### TULIP FESTIVAL – OTTAWA

Phone: [\(613\) 567-5757](tel:(613)567-5757) Best display is close to Dow's Lake at **870 Carling Avenue**, Ottawa, Ontario, K1S 5S8. The closest intersection is Carling Ave & Preston St. The **largest concentration of tulip blooms** is in *Commissioner's Park* beside Dow's Lake, with more displays along the *Tulip Route* on Queen Elizabeth Drive and Parliament Hill as well as in Major's Hill Park behind the Chateau Laurier Hotel. Limited free street parking. Paid parking is across from Dow's Lake Pavilion.

Montreal 2016

## Toronto West Youth Coordinating Council's Annual Youth Trip

**May 20th – 22nd, 2016**

**Destination: Crowley Arts Centre**

May Movement: Refreshed

5325 Avenue Crowley, Montreal, QU, H4A 2C6

Telephone: 514.963.7677

**Departs: Friday May 20<sup>th</sup> – On your own time**  
**Returns: Sunday May 22<sup>nd</sup> – On your own time**



**About May Movement: Refreshed @ Crowley Arts Centre**

**May Movement: Refreshed** is an exhilarating faith-based event that is intended to renew, replenish and restore lives and empower people in the month of May. This yearly celebration was first conceived by Michelle Clarke, Pastor & Co-Founder of Perpetual Praise Ministries and introduced as a youth-oriented, evangelistic series called *March Madness* at LaSalle New Life SDA Church in 2010. Since then, **May Movement: Refreshed** has quickly evolved into a highly anticipated, transforming experience that appeals to a multicultural and multigenerational audience from Montreal and across Quebec. This event will feature an array of acclaimed guest speakers including Dr. James Doggette Sr., Dr. Donald Rolle, Dr. Paula Olivier and Noah Washington and will inspire you musically with special guest artists from Montreal, New York and Toronto.

**The Crowley Arts Centre is in a residential neighborhood.**  
**Parking is in and around the centre.**

## Important Tips:

1. Please make every effort to have a GPS **and** a printed copy of the directions to the hotel, the event and the tourist attractions (Google Maps or Mapquest.com).
2. You can try to put in the location name, i.e. Crowley Arts centre in your map search.
3. Driving long distances can be tiring and stressful. If possible, have more than one experienced driver in your vehicle to take turns.
4. If you are sharing travel expenses, please collect all money prior to leaving Toronto. Travel with at least one another vehicle if possible.
5. To arrive in time to do some sightseeing and for 3:00pm check-in, a departure time of around 6:00am is recommended.



**Hilton**

Montréal/Laval

## Hotel Accommodations:

### Hilton Montreal/Laval

2225 Autoroute des Laurentides Laval, QC, H7S 1Z6

Take Hwy 13 north to Hwy 440, exit 117 Chomedey Blvd South, Left at 2<sup>nd</sup> light –Boulevard Le Carrefour –after overpass parking on right.

Phone: 450.682.2225

## CHECK-IN IS 3:00pm

**Please Note:** The person under whose name the room is reserved is required to have a valid credit card with an available credit limit to cover the room cost and/or any additional charges. If other occupants in your room arrive before you, please be sure to request and complete a credit card authorization form in advance (or they could wait for you to arrive). **If you intend to pay cash at check-out you MUST inform the front desk at check-in** to avoid the credit card on file being charged automatically. You will still need to have at least \$150 available on the card for incidentals

**Room Compositions:** \*\*All rooms include Wifi and free parking.

Standard room with 2 queen beds: \$149/night – maximum 4 people  
King suite with kitchenette: \$190/night –maximum 4 people

**Breakfast:** \$16 adult/ \$8 child (under 12) taxes included

## Itinerary

### Friday May 20, 2016 – on your own time

- Depart Toronto – approximately 6 hour trip
- Arrive in Montreal area –see options for sightseeing
- Check out Le Carrefour Laval mall – walking distance from hotel. Restaurants in and around the mall area
- 3:00pm Hotel Check-in -early check-in was not requested

### Sabbath May 21, 2016

- 9:30am Depart for the Crowley Arts Centre (approx.. 20 mins)
- 11:00am *May Movement Refreshed* morning program begins
- 1:30pm Lunch Hour (on your own)
- 6:30pm Arrive at Crowley Arts Centre
- 7:00pm Evening program begins
- 9:00pm Return to the hotel or other activity of your choice

### Sunday May 22, 2016 – on your own time

- Depart hotel for Ottawa
- 12:00pm Suggested sightseeing - Tulip Festival in Ottawa
- 3:00pm Depart Ottawa for Toronto (suggested times)
- 8:00pm Arrive in Toronto

## Additional Information:

Grocery Stores: The nearest grocery store is about 5 minutes away from the hotel: IGA (1535 Boulevard Le Corbusier , H7S 1Z3. Plan ahead to minimize trips.

## Safety Tips:

1. Strength in numbers! We recommend a buddy system
2. If you feel uncomfortable or lost do not hesitate to approach a police officer or a store associate to ask questions or clarify directions. If traveling after dark, stay on main roads if you are not sure of where you are going.

## KEY CONTACTS FOR THE TRIP (In Case of Emergency)

Vernon Smith – 416.561.4583

Karen Leacock-Bingham – 416.318.7441